

The PEG is an ultra-brief measure of pain (derived from the Brief Pain Inventory)

NB: Keep this score in patient notes to track progress after re-assessment at follow-up consultations

1	What number best describes your <u>pain on average</u> in the past week:											
	0	1	2	3	4	5	6	7	8	9	10	
	No p	oain						Pai	n as ba	d as yo	u can imagine	
2			nber be <u>t of lif</u> e		ribes ł	now, du	ring the	e past w	eek, pa	in has ir	nterfered with you	r
	0	1	2	3	4	5	6	7	8	9	10	
	Doe	s not	interfe	re					(Complet	tely interferes	
3			nber be <u>ctivity</u> ?		ribes ł	now, du	ring the	e past w	eek, pa	in has ir	nterfered with you	r
	0	1	2	3	4	5	6	7	8	9	10	
	Doe	s not i	interfe	re					(Comple	tely interferes	

Reference:

Krebs, E.E., Lorenz, K.A., Blair, M.J., et al. (2009). Development and initial validation of the PEG, a three-item scale assessing pain intensity and interference. *Journal of General Internal Medicine*, 24: 733-738.