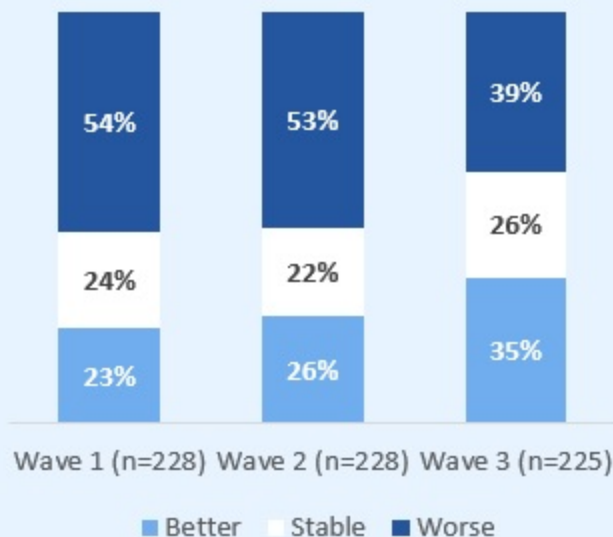
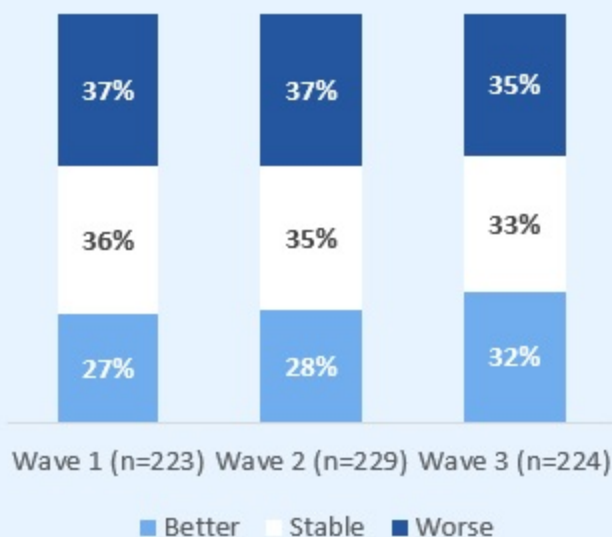


Perceived changes in health ratings

Mental Health



Physical Health



- Ratings of perceived '**better**' mental health have **increased by 9%** between **Wave 2 (26%)** and **Wave 3 (35%)**
- Ratings of perceived '**better**' physical health have **increased slightly** between **Wave 2 (28%)** and **Wave 3 (32%)**
- However, those reporting '**worse**' ratings still remained the highest proportion for both mental and physical health (**39%** and **35%** respectively).

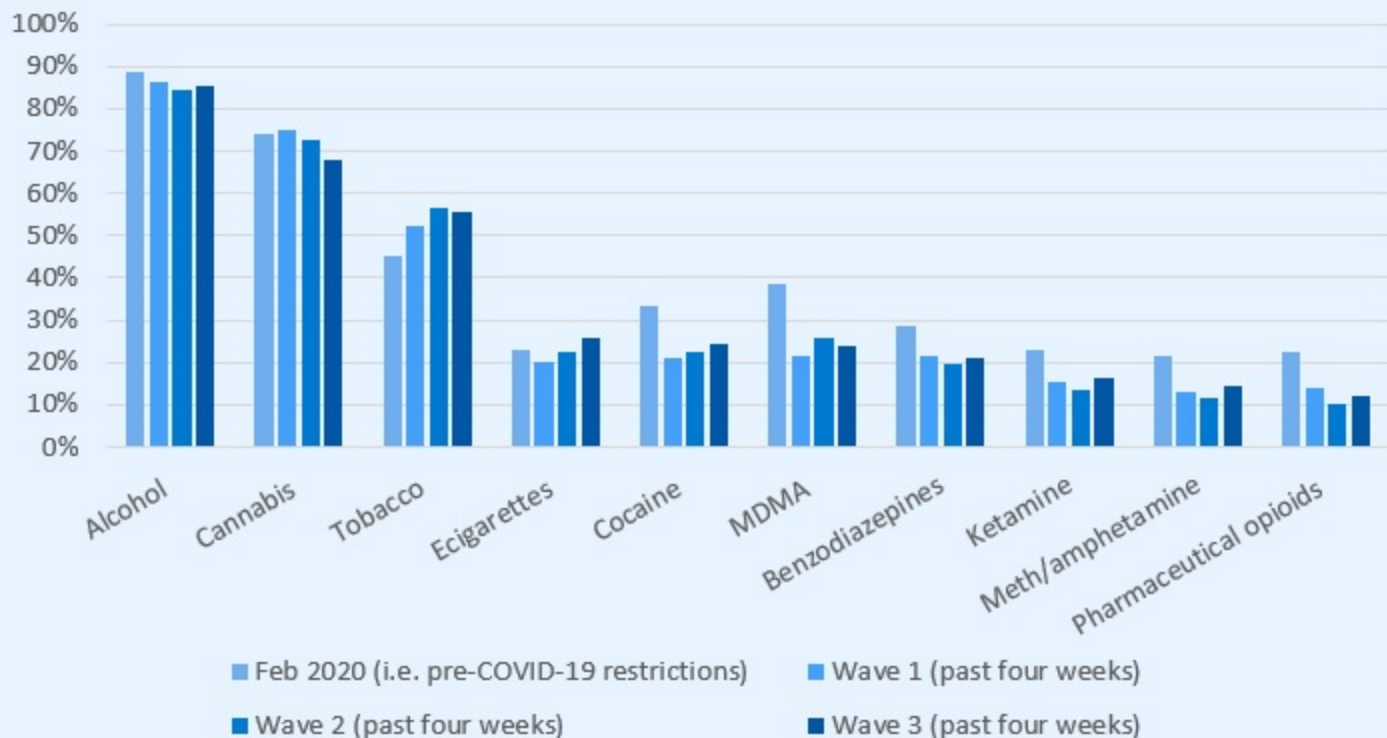
Wave 1 completed 29 Apr 2020 – 15 Jun 2020

Wave 2 completed 29 Jun 2020 – 22 Sep 2020

Wave 3 completed 29 Oct 2020 – 13 Jan 2021

Note: 'Perceived changes' are based on perceptions of current health as compared to before March 2020 (i.e., before COVID-19 restrictions)

Substance use in past four weeks



- **Alcohol**, **cannabis** and **tobacco** were the main substances used in the past four weeks at each time point
- At **Wave 3**, **e-cigarettes (26%)** were the fourth most commonly used substance, overtaking **MDMA (24%)** for the first time.

Wave 1 completed 29 Apr 2020 – 15 Jun 2020

Wave 2 completed 29 Jun 2020 – 22 Sep 2020

Wave 3 completed 29 Oct 2020 – 13 Jan 2021

Note: 'Feb 2020' data collected at Wave 1 and not at a separate timepoint

Drug use behaviours

At Wave 3, participants reported the following drug use behaviours in the past four weeks:



12% reported **injecting** any drug in the past four weeks (vs **10%** at **Wave 2**, **9%** at **Wave 1**).



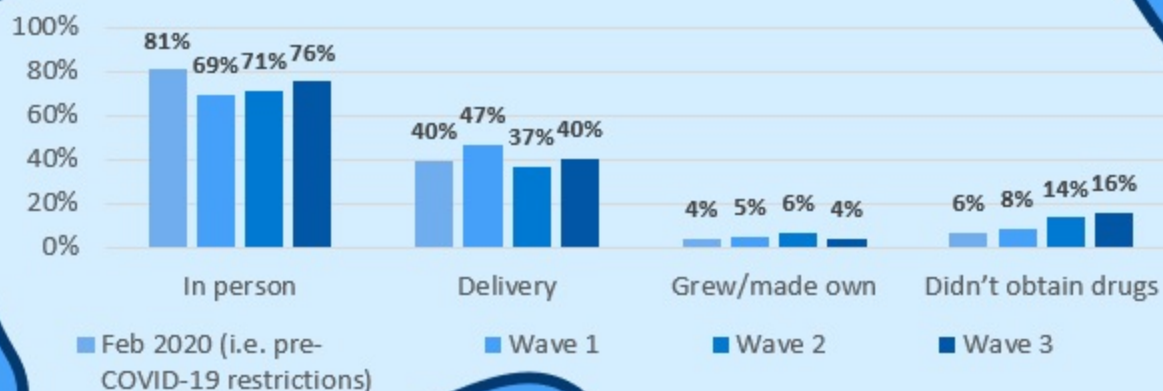
59% reported that they had **used drugs alone** in the past four weeks; a slight decrease from **Wave 2 (65%)** and **Wave 1 (66%)**.



11% of participants reported attending a **virtual night club/dance party** since the beginning of **March 2020**.

Of these **virtual night club/dance party** attendees, the largest proportion reported using **alcohol (72%)** and/or **cannabis (48%)**, followed by **cocaine, MDMA** and **ketamine (16%)**.

Methods of receiving drugs in past four weeks



Wave 1 completed 29 Apr 2020 – 15 Jun 2020

Wave 2 completed 29 Jun 2020 – 22 Sep 2020

Wave 3 completed 29 Oct 2020 – 13 Jan 2021

Note: 'Feb 2020' data collected at Wave 1 and not at a separate timepoint

Methods of obtaining and receiving drugs

At Wave 3, participants reported the following drug use behaviours in the past four weeks:



76% received their drugs in person (vs **71%** at **Wave 2**, **69%** at **Wave 1**)



40% received their drugs by delivery (vs **37%** at **Wave 2**, **47%** in **Wave 1**)



6% reported purchasing their drugs online (vs **7%** at **Wave 2**, **5%** at **Wave 1**)



16% did not obtain illicit drugs (vs **14%** at **Wave 2**, **8%** at **Wave 1**)