Australian Capital Territory



50 11 deaths per 100,000 population

Drug-induced deaths

Australian Capital Territory

Drug involvement

deaths per 100,000 population)

- **6.1** Opioids
- 5.9 Antiepileptic, sedative-hypnotic and anti-parkinsonism drugs
- **3.9** Antidepressants
- 2.7 Amphetamine-type stimulants
- 2.6 Antipsychotics & neuroleptics
- **13** Non-opioid analgesics
- (**n≤5)** Cannabinoids
 - **O** Cocaine

| 58% SEX 42% | | | | | |
|-------------|--------|-------|---------|-----|-----|
| | A | AGE | | | |
| Rate per 1 | 00,000 | | ercenta | ge | |
| | n≤5 | 15-24 | n≤5 | | |
| | 7.6 | 25-34 | 12% | | |
| 22 | | 35-44 | | | 30% |
| 16 | | 45-54 | | 18% | |
| 18 | | 55-64 | 1 | 6% | |

0.15 | 65+

18%

2021 Drug-induced DEATHS

There were 50 registered overdose and other drug-induced deaths (excluding alcohol and tobacco) in the <u>Australian Capital Territory</u> in 2021, which is equivalent to 2.3% of all registered deaths in this jurisdiction.

The age-standardised rate of drug-induced deaths in the Australian Capital Territory has fluctuated over time (Figure 1). The preliminary age-standardised rate in 2021 was 11 deaths per 100,000 people and it was not statistically different from that in 2020 (12 deaths per 100,000 people) (Table 1). Estimates for 2020 and 2021 are subject to revision and may increase.

Sex

In 2021, males accounted for 58% (29 deaths) of drug-induced deaths.

The rate of drug-induced deaths was also higher among males than females (13

versus 9.0 deaths per 100,000 people, respectively). Analyses did not indicate a statistically significant change between 2020 and 2021 in the preliminary rates for males or females (Table 1).

Age

In 2021, drug-induced deaths were most common among the 35-44 age group (30%, 15 deaths). The rate was also highest in this age group (22 deaths per 100,000 people).



Analyses did not indicate a statistically significant change in the preliminary estimated rates between 2020 and 2021 for any of the age groups (Table 2).

Remoteness Area of Usual Residence

Over 99.8% of the population in the Australian Capital Territory resided in major city areas and the remaining resided in inner regional areas in 2021. For this reason, data on deaths by remoteness area are not presented.

Intent of Drug Overdose Deaths

In 2021, 96% (48 deaths) of drug-induced deaths were due to <u>overdose</u>. Over three-fifths (62.5%, 30 deaths) of overdose deaths in 2021 were deemed unintentional; 37.5% (18 deaths) were deemed intentional. This profile has been broadly consistent over time.

Place of Occurrence



In 2021, the location of the incident underlying death was coded as home for the majority (84%, 42 deaths) of druginduced deaths.

Drug Involvement

In the Australian Capital Territory, the three most common drug types involved in drug overdose deaths in 2021 were:

- opioids (6.1 deaths per 100,000 people, 28 deaths),
- antiepileptic, sedative-hypnotic and antiparkinsonism drugs (5.9 deaths per 100,000 people, 27 deaths), and
- **antidepressants** (3.9 deaths per 100,000 people, 18 deaths).

Comparison of preliminary estimates for drug overdose deaths in the Australian Capital Territory did not identify a significant change in drug involvement from 2020 to 2021 (Table 4).

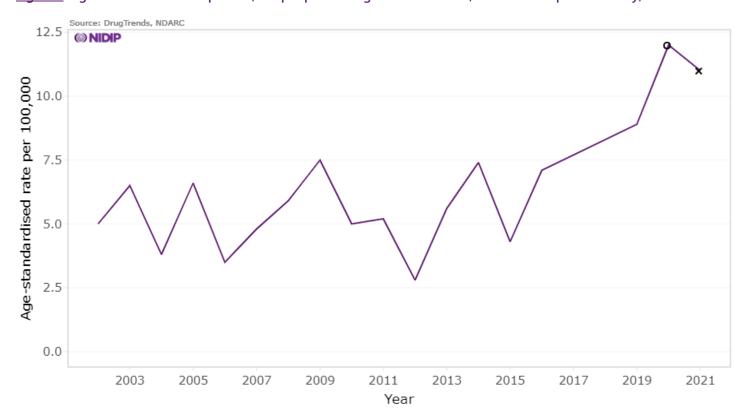


Figure 1. Age-standardised rate per 100,000 people of drug-induced deaths, Australian Capital Territory, 2002-2021

Note: Deaths where conditions related to alcohol or tobacco comprised the underlying cause of death are not captured here. Causes of death data for 2020 and 2021 are not final and thus are subject to further revision. The symbol 'o' indicates revised estimates and 'x' preliminary estimates.

Table 1. Age-standardised rate per 100,000 people of drug-induced deaths in the Australian Capital Territory in 2020 and 2021, and average percent change (APC) for difference between 2021 and 2020 (with 95% confidence intervals), by sex

| Sex | Rate in 2020 (95% CI) | Rate in 2021 (95% CI) | APC (95% CI) |
|--------|-----------------------|-----------------------|----------------|
| Female | 11 (7.3, 16) | 9.0 (5.5, 14) | -20 (-55, 43) |
| Male | 13 (8.3, 18) | 13 (8.7, 19) | 3.7 (-38, 75) |
| Total | 12 (8.8, 15) | 11 (8, 14) | -8.2 (-38, 35) |

Note: Deaths where conditions related to alcohol or tobacco comprised the underlying cause of death are not captured here. Causes of death data for 2020 and 2021 are preliminary and thus are subject to further revision. 95% confidence intervals for the age-standardised rate and average percent change are shown in brackets. Please refer to our methods document on 'Presentation of results' for interpretation of average percent change. Please also refer to our methods document on 'Data source' and 'Coding of deaths' for details on the data used.

Table 2. Crude rate per 100,000 people of drug-induced deaths in the Australian Capital Territory in 2020 and 2021, and average percent change (APC) for difference between 2021 and 2020 (with 95% confidence intervals), by age

| Age | Rate in 2020 (95% CI) | Rate in 2021 (95% CI) | APC (95% CI) |
|-------|-----------------------|-----------------------|-----------------|
| 15-24 | _ | _ | _ |
| 25-34 | 15 (7.9, 27) | 7.6 (2.8, 17) | -50 (-85, 44) |
| 35-44 | 22 (13, 37) | 22 (12, 36) | -3.0 (-56, 113) |
| 45-54 | 22 (11, 38) | 16 (7.4, 31) | -26 (-72, 92) |
| 55-64 | 13 (4.9, 29) | 18 (7.7, 35) | 33 (-59, 366) |
| 65-74 | _ | _ | _ |
| 75-84 | _ | _ | _ |

| 85+ | _ | _ | _ |
|-----|---|---|---|

Note: Deaths where conditions related to alcohol or tobacco comprised the underlying cause of death are not captured here. Causes of death data for 2020 and 2021 are preliminary and thus are subject to further revision. 95% confidence intervals for the crude rate and average percent change are shown in brackets. Please refer to our methods document on 'Presentation of results' for interpretation of average percent change. The estimates for the 0-14 years age group are not presented due to sensitivity of the data. Please also refer to our methods document on 'Data source' and 'Coding of deaths' for details on the data used.

Table 3. Age-standardised rate per 100,000 people of overdose deaths in the Australian Capital Territory in 2020 and 2021, and average percent change (APC) for difference between 2021 and 2020 (with 95% confidence intervals), by intent

| Intent | Rate in 2020 (95% CI) | Rate in 2021 (95% CI) | APC (95% CI) |
|---------------|-----------------------|-----------------------|---------------|
| Unintentional | 5.3 (3.4, 7.9) | 6.6 (4.4, 9.4) | 25 (-27, 114) |
| Intentional | 4.7 (2.9, 7.1) | 3.8 (2.2, 5.9) | -20 (-57, 49) |

Note: Deaths where conditions related to alcohol or tobacco comprised the underlying cause of death are not captured here. Causes of death data for 2020 and 2021 are preliminary and thus are subject to further revision. 95% confidence intervals for the age-standardised rate and average percent change are shown in brackets. Please refer to our methods document on 'Presentation of results' for interpretation of average percent change. Please also refer to our methods document on 'Data source' and 'Coding of deaths' for details on the data used.

Table 4. Age-standardised rate per 100,000 people of overdose deaths in the Australian Capital Territory in 2020 and 2021, and average percent change (APC) for difference between 2021 and 2020 (with 95% confidence intervals), by drugs involved

| Drug | Rate in 2020 (95% CI) | Rate in 2021 (95% CI) | APC (95% CI) |
|---|--------------------------|--------------------------|-----------------|
| Opioids | 6.6 (4.4, 9.4) | 6.1 (4, 8.8) | -7.9 (-45, 55) |
| Antiepileptic, sedative-hypnotic & antiparkinsonism drugs | 6.8 (4.6, 9.6) | 5.9 (3.9, 8.6) | -13 (-48, 45) |
| Antidepressants | 4.2 (2.5, 6.6) | 3.9 (2.3, 6.2) | -7.9 (-52, 76) |
| Amphetamine-type stimulants | 3.4 (1.9, 5.5) | 2.7 (1.4, 4.7) | -21 (-63, 68) |
| Antipsychotics & neuroleptics | 2.8 (1.5, 4.9) | 2.6 (1.3, 4.5) | -9.2 (-59, 103) |
| Alcohol | 2.7 (1.4, 4.8) | _ | _ |
| Cannabinoids | _ | _ | _ |
| Cocaine | _ | _ | _ |
| Non-opioid analgesics | _ | _ | _ |

Note: Deaths where conditions related to alcohol or tobacco comprised the underlying cause of death are not captured here. Causes of death data for 2020 and 2021 are preliminary and thus are subject to further revision. 95% confidence intervals for the age-standardised rate and average percent change (APC) are shown in brackets. Please refer to our <u>methods</u> document on 'Presentation of results' for interpretation of average percent change. Please also refer to our <u>methods</u> document on 'Data source' and 'Coding of deaths' for details on the data used.

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Please note that as with all statistical reports, there is the potential for minor revisions to data in this report. Please refer to the online version at <u>Drug Trends</u>.

Please contact the Drug Trends team with any queries regarding this publication: drugtrends@unsw.edu.au.

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Data source

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Related Links

- For interactive data visualisations accompanying this report, go to: https://drugtrends.shinyapps.io/Deaths 2021
- For full details of the methods underpinning this report, go to: https://ndarc.med.unsw.edu.au/resource-analytics/trends-drug-induced-deaths-australia-2002-2021
- For other Drug Trends publications on drug-related hospitalisations and drug-induced deaths in Australia, go to: https://ndarc.med.unsw.edu.au/project/national-illicit-drug-indicators-project-nidip
- For more information on NDARC research, go to: http://ndarc.med.unsw.edu.au/

- For more information about the ABS, go to: http://www.abs.gov.au
- For more information on ICD coding go to: http://www.who.int/classifications/icd/en/
- For more information on the Remoteness Areas Structure within the Australian Statistical Geography Standard (ASGS), go to: https://www.abs.gov.au/ausstats/abs@.nsf/mf/1270.0.55.005
- For more research from the Drug Trends program and to subscribe to our newsletter, go to: https://ndarc.med.unsw.edu.au/program/drug-trends
- For details on the collection, organisation and interpretation of NCIS data, go to: https://www.ncis.org.au/about-the-data/explanatory-notes/
- For statistics about case closure statistics in NCIS, go to: https://www.ncis.org.au/about-the-data/operational-statistics/