

**The Australian National AIDS
And
Injecting Drug Users Questionnaire
(ANAIUS-Q)**

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1. INTRODUCTION

The ANAIDUS-Q is a structured interview which aims to obtain a "snap-shot" of an injecting drug user's (IDU) recent behaviour. The focus of the questions is on the actual reported behaviour of the subject in the month preceding the day of interview. In addition, the injecting and sexual behaviour sections have a series of questions relating to the last time the subject injected or had sex. Here again, the aim is to examine in detail what actually occurred in the recent past of the subject.

The ANAIDUS-Q was pilot tested on a sample of 100 IDU (60 males and 40 females), with a mean age of 27 years. Both subjects who were currently in treatment (41%) and those not currently in treatment were interviewed. It should be noted that the demographic characteristics of this sample are similar to those obtained in other Australian and international studies (e.g. Bell et al, 1990; Ross et al, 1991; Sasse et al, 1991; Skidmore et al, 1990). As a result of piloting, minor changes were made to some of the questions in the ANAIDUS-Q. The entire instrument was found to take approximately 45 minutes to complete.

2. THE STRUCTURE OF THE ANAIDUS-Q

The ANAIDUS-Q consists of structured questions in 11 domains: Demographics, Drug Use Behaviour, Injecting Behaviour, Sexual Behaviour, AIDS Prevention, Knowledge and Attitudes, Social Support, Sources of Income, Access of Services, General Health Questionnaire, and HIV Testing. Responses to questions in each domain are coded in the boxes on the right hand side of the page.

3. ADMINISTERING THE ANAIDUS QUESTIONNAIRE

GENERAL COMMENTS

The ANAIDUS-Q is a structured interview on the drug related behaviours of IDU. As with any interview in this area, the quality of the information obtained will, in part, be dependent upon the rapport established between the interviewer and the client. One of the major factors in building up this rapport is the guarantee of confidentiality. Clients should be assured that the information they provide is confidential, and that what they say will in no way be held against them. A relaxed, non-judgemental attitude on the part of the interviewer also helps in the building up of rapport. Finally, it is a great advantage to be aware of the "street talk" of the client group. Awareness of slang names for particular drugs not only encourages rapport, but also increases the understanding of the interviewer when (as is often the case) the client uses a great deal of slang.

Specific comments on each section of the ANAIDUS-Q are presented below.

SECTION A: DEMOGRAPHICS

A5. *How many years of school did you complete?*

Record the grade (year) in which the subject finished school. For example, if the subject finished year 11, code 11.

A6. *Have you done any courses after school*

Options 2 and 3 refer to completed courses. Option 4 refers to uncompleted courses.

A10. *How long have you been receiving a benefit or pension?*

Record the answer in number of *months*.

A12. *What language was the main one spoken at the home you grew up in?*

Record the language which was most often spoken at the home the subject grew up in.

A14. *How many of your children are financially dependent on you?*

This may include children who are not currently living with the subject.

A16. *What is the main treatment that you are currently in?*

Some clients will be on a methadone program, for example, but attend occasional NA meetings. In a case like this, it is methadone which should be coded as the main treatment.

A17. *How many times have you been in treatment in the past?*

Note that treatment includes detoxification.

SECTION B: DRUG USE BEHAVIOUR

The drug use behaviour section examines the reported recent behaviour of the client. It does not rely on the client making quantity/frequency estimates of their recent "average" use, a methodology which is known to grossly under-report consumption. Rather, recent behaviour is examined by collecting information on the last three days of drug use for each drug category. This is an adaptation of a method originally employed in alcohol research. The intervals between days of drug use, and the amounts consumed on these days, are employed to estimate recent consumption. Data are obtained on recent use in eleven drug categories: heroin, other opiates, alcohol, cannabis, amphetamines, cocaine, tranquilizers, barbiturates, hallucinogens, inhalants, and tobacco.

The major problem involved in obtaining estimates of illicit drug consumption is that, unlike alcohol, quantities consumed are not standardized. There is no equivalent of a "standard drink" for heroin or cocaine. A standard drink is one which contains roughly 10 grams of ethanol e.g. a glass of wine. The actual amount consumed of illicit substances is extremely difficult, if not impossible, to determine. A street "weight" of heroin will vary in amount as well as in purity. Prices fluctuate, so this cannot be used as a measure of amount. Given these difficulties, the ANAIDUS-Q was designed to measure use episodes, rather than the amount per occasion of use. This measure will reflect the degree of drug involvement of the client. For instance, for heroin, the number of injections per day of use is obtained. In terms of drug involvement, a person who is injecting three times a day may be seen as being more involved than someone who injects once every second day.

For each drug class, the subject is asked when their three most recent days of drug use occurred, and how much they used on the last two occasions. The intervals between days of drug use are taken as an estimate of frequency of use, and the number of use episodes on the last two occasions is taken as an estimate of quantity consumed. This allows a simple calculation to be made on the basis of how much of the drug they are taking and how often they are taking it. It is important to note that use on the day of interview is not recorded, because that is not an example of a full day's use. For each drug class (where appropriate) the route of administration used the *last time* the subject use the drug is also asked.

In order to illustrate the procedure the questions from the heroin section will be used as an example. The subject is asked a series of questions as set out below:

B3. *On what day did you last use heroin?*

Write down the day. Again, note that use on the day of interview does not count.

B4. *How many hits/smokes/snorts did you have on that day?*

Record the number of hits, snorts, or smokes reported by the subject. The number of hits or smokes is an estimate of quantity consumed on that day.

B5. *How did you use the heroin the last time that you took it on that day?*

Record the route of administration the subject used the *last time* that they used heroin on that day, e.g. injected.

B6. *On which day before that did you use heroin?*

Write down the day, and code how many days before the previous use day it was.

B7. *And how many hits/smokes did you have on that day?*

Record the number of hits or smokes reported by the subject for their second last

day of heroin use.

B8. *And when was the day before that?*

Write down the day, and code how many days before the use day in B6 it was.

The data obtained from the subject is then used to get an estimate of recent consumption by the simple formula :

$$Q = \frac{q1 + q2}{t1 + t2}$$

where Q = average amount per day

q1 = amount consumed on the last use occasion

q2 = amount consumed on the second last use occasion

t1 = interval between the last day of drug use and the next to last use day

t2 = interval between the second and third last days of drug use

That is, simply add the number of use episodes reported by the subject, and divide by the total of the two intervals between use reported. Some examples of this procedure are set out below.

Example 1: Subject interviewed on Saturday

<i>Last use?</i>	Friday
<i>How much?</i>	4 hits
<i>How used?</i>	<i>Injected</i>
<i>Time before?</i>	Thursday i.e. 1 day before (code 01)
<i>How much?</i>	4 hits
<i>Time before that?</i>	Wednesday i.e 1 days before (code 01)

q1=4, q2=4, t1=1, t2=1

$$Q = \frac{4 + 4}{1 + 1}$$

= 4

The subject, then, has an average of 4 hits per day.

Example 2: Subject interviewed on Saturday

<i>Last use?</i>	Friday
<i>How much?</i>	1 hit
<i>How used?</i>	<i>Snorted</i>
<i>Time before?</i>	Monday i.e. 4 days before (code 04)
<i>How much?</i>	1 hit
<i>Time before that?</i>	Thursday i.e. 4 days before (code 04)

q1=1, q2=1, t1=4, t2=4

$$Q = \frac{1 + 1}{4 + 4}$$
$$= 0.25$$

The subject hits up on average a quarter of a hit a day, or one hit every 4 days.

The time frame for the Drug Use section is 4 weeks. If the subject has not used a drug in the last 4 weeks, Q is recorded as zero.

If the subject has only had either one or two use days in the last 4 weeks, Q is determined by dividing the amount consumed on the use day(s) by 28, i.e., one use day, $Q = q1/28$; two use days, $Q = q1 + q2 / 28$.

Example 3 (one use episode); Subject interviewed on Saturday

<i>Last use?</i>	Friday
<i>How much?</i>	1 hit
<i>How used?</i>	<i>Injected</i>
<i>Time before?</i>	6 months ago (code as 99)
<i>How much?</i>	(code as 99)

Time before that? (code as 99)

q1=1

$$Q = \frac{1}{28}$$
$$= 0.04$$

Example 4 (two use episodes); Subject interviewed on Saturday

Last Use? Friday
How much? 1 hit
How used? *Injected*
Time before? 2 weeks before (code as 14)
How much? 1 hit
Time before that? 6 months ago (code as 99)

q1=1, q2=1

$$Q = \frac{1 + 1}{28}$$
$$= 0.07$$

As can be seen in the examples set out above, the higher the value of 'Q', the heavier the use of the drug. In the case of injectable substances like heroin, the table below gives a broad guide to the interpretation of Q scores.

Quantity/Frequency	Q
Abstinence	0.00
Once a week or less	0.01 - 0.13
More than once a week	0.14 - 0.99
Daily	1.00 - 1.99
More than once a day	2.00 or more.

The way in which each drug class is scored is dealt with class by class below.

Heroin

The unit of measurement is the number of injections (hits) or the number of smokes or snorts the subject had on the day.

Other Opiates

Score injected substances as for heroin. In the case of opiates taken orally, the score the number of use episodes for that day. In the case of liquid preparations (e.g., codeine linctus), try to elicit the number of times the subject took the preparation, not the number of bottles drunk. If the subject drank two bottles in four episodes, then their score for that day will be four. In the case of tablets, try to determine how many times that day the subject took them. Twenty tablets taken ten at a time on two occasions would result in a score of two. The same applies for injected opiates, i.e. it is the number of shots which is recorded. Note that this category includes prescription opiates (with the exception of prescribed methadone).

Alcohol

The unit of measurement is the number of standard drinks the subject had on the use day. A standard drink may be defined as a 120 ml glass of wine, a 285 ml glass of beer, or a 30 ml nip of spirits.

Cannabis

The unit of measurement is the number of joints or bongs the subject had on the day of cannabis use.

Amphetamines

The unit of measurement is the number of hits, snorts etc. the subject had on the day of amphetamine use. (Note if subject was using a form such as ice).

Cocaine

The unit of measurement is the number of hits, smokes or snorts the subject had on the day of cocaine use. (Note if subject was using a form such as crack).

Tranquillizers

The unit of measurement is the number of pills the subject had on the day of tranquillizer use.

Barbiturates

The unit of measurement is the number of pills the subject had on the day of barbiturate use.

Hallucinogens

The unit of measurement is the number of tabs, trips etc. the subject had on the day of hallucinogen use.

Inhalants

This is the only category which asks the subject to give a frequency estimate. Piloting showed that subjects could not accurately estimate use episodes. As such, get the subject to estimate the frequency of use over the preceding month.

Tobacco

The unit of measurement is the number of cigarettes the subject smoked on the day of tobacco use.

Other

Record any other drugs the client reports using in the month before interview. If they should have been recorded earlier, you may need to redo the appropriate section.

SECTION C: INJECTING BEHAVIOUR

Last Use Episode

These questions are attempting to gain a picture of the subject's injecting behaviour the *last time* that they injected a drug. If the subject hasn't injected in the month before interview, code 0 for C1-18, and go to Section D.

C1. *When was the last time that you had a shot?*

Code in number of days (if day of interview, code as 1). In order to simplify the coding of the questionnaire, use on both the day of interview and the day before interview are both coded as 1.

C2. *What did you hit up the last time you had a shot?*

Limit to three drugs if more than one drug injected.

C4. *How many other people were hitting up with you the last time that you hit up?*

Record the number of people other than the subject who were hitting up with them the last time that they hit up. If there was no-one else, code 0.

C9. *What drug(s) were you already on before shooting up the last time?*

If there were more than three drugs, get the subject to state what were the three

drugs they considered the most important, and record these.

Use in Last Month

This section examines injecting practices in the month preceding interview. Questions C12-C17 form the injecting sub-scale of the HIV Risk-taking Behaviour Scale (HRBS) (Darke et al, 1991). The sub-scale score is obtained by simply adding the scores for each of these questions.

C12. How many times have you hit up (injected any drugs) in the last month?

If the subject has trouble answering the question then a prompt like, "How often have you hit up? Once a week? Once a day? etc.", will help them to understand what kind of frequency information is required.

C13. How many times in the last month have you used a needle after someone else had already used it?

Record the number of times the subject has injected with a needle that another person has already injected with, whether the needle shared had been cleaned before re-use or not. If the subject has a sexual partner, it is important to clarify for all the questions concerned with needle sharing that sharing includes their partner as well. Many IDU do not regard sharing with their sexual partner as 'true' sharing. It may be necessary to probe for this information.

C14. How many people have used a needle before you in the last month?

This question is concerned with how many different people had used any needles before them. This means the total number of different individuals in the month prior to the interview who used a needle before the subject, and includes sexual partners.

C15. How many times in the last month has someone used a needle after you have used it?

As with C13 and C14, it may be necessary to question the subject further concerning their sexual partner. This question is concerned with the risk the subject might pose to other IDU through sharing needles.

C16. How often, in the last month, have you cleaned needles before re-using them?

This question is concerned with any needles the subject has re-used in the last month, not only those that were used by other people.

C17. Before using needles again, how often in the last month did you use bleach to clean them?

Given that bleach is known to be viricidal, C17 asks whether the subject has used

bleach to clean their needles before re-using them. Again, record any re-use regardless of whether the needle was known to be used by another person or not.

C19. *In the last month, how often did you shoot up alone?*

Read out the options to subjects before they answer.

C20. *In the last month, how often were you stoned or drunk when you were about to shoot up?*

Read out the options to subjects before they answer.

SECTION D: SEXUAL BEHAVIOUR

Last Sex Episode

This is similar to the last injecting episode questions, only this section is attempting to information on what occurred the *last time* that the subject had sex with another person.

D2. *Which of the following best describes your partner that time?*

Regular partner refers to any person the subject regularly has sex with, i.e., the subject may have more than one regular sexual partner. Casual partners means any person that the subject sex with who is not a regular sexual partner and is not a paying client. Prostitutes who the subject has paid for sex are regarded as casual partners.

D5. *What drug(s) were you on before having sex the last time?*

If there were more than three drugs, get the subject to state what were the three drugs they considered the most important, and record these.

D6. *What did you do when you had sex the last time?*

Circle 1 (Yes) or 2 (No) and code for each behaviour in the list.

Sexual Behaviour in the last Month

Questions D7 - D12 are concerned with sexual behaviour in the month before interview. Questions D7-D11 form the sexual behaviour sub-scale of the HIV Risk-taking Behaviour Scale. The sub-scale score is obtained by simply adding the scores for each of these questions. The overall HRBS score is obtained by adding the two sub-scale scores.

D7. *How many people, including clients, have you had sex with in the last month?*

It is important in asking this question to ensure that prostitutes' clients are

included, as many prostitutes make a distinction between clients and their personal life. All questions in the Sexual Behaviour Section refer to penetrative sex, i.e. sex where there is some penetration of the vagina or anus with the penis. If the subject had no penetrative sex in the month prior to the interview, record zero for sexual behaviour and terminate the interview. Do not include oral sex, as the riskiness of this activity is unknown at this time. Also do not include lesbian sex. The risk of female to female sexual transmission is considered to be negligible at this time.

D8. *How often have you used condoms when having sex with your regular partner(s) in the last month?*

'Regular partner(s)' in this question refers to any person the subject regularly has sex with, i.e., the subject may have more than one regular sexual partner. Do not include sexual activity that does not involve penetration with the penis.

D9. *How often did you use condoms when you had sex with casual partners in the last month?*

'Casual partners' means any person that the subject had penetrative sex with in the month prior to the interview who is not a regular sexual partner and is not a paying client. Prostitutes who the subject has paid for sex are regarded as casual partners.

D10. *How often have you used a condom when you have been paid for sex in the last month?*

D10 asks the subject about any instances where they have exchanged sex for money or drugs in the month prior to the day of interview. Again include only anal or vaginal penetrative sex.

D11. *How many times did you have anal sex in the last month?*

Anal sex refers to the insertion of the penis into the anus. Count instances of both active and passive anal sex, both with and without a condom.

General Questions

D13. *Who have you had sex with in the last month?*

Circle 1 (Yes) or 2 (No) and code for each type of sex partner.

D14. *How would you describe yourself now?*

Code "asexual" if the subject feels that they have no real interest in sex.

D15. *How long have you been in a monogomous relationship?*

This refers to when the subject last had sex with people other than their partner, or when (to their knowledge) their partner last did so.

D17. *Which of the following diseases have you had in the last 24 months that have been diagnosed and/or treated by a doctor?*

Read out each disease, and get a Yes or No from the subject for each one. It is important to emphasise that the disease *must* have been diagnosed and/or treated by a doctor, and that this must have happened in the last 24 months.

D19. *What did you do when you had sex (in the last month) with someone that you knew at the time had tested positive for the AIDS virus?*

Circle 1 (Yes) or 2 (No) for each type of behaviour.

SECTION E: AIDS PREVENTION

This section examines the subject's use of, and opinions of AIDS prevention measures for IDU.

E1. *Have you used a needle and syringe from an exchange in the last month?*

This includes needles that the subject may have obtained from an exchange before the last month (many injecting drug users obtain large numbers of needle at the one time).

E2. *Where did you mainly get your new needles and syringes from in the last month?*

This refers to new needles, rather than borrowed used needles. Record only one option.

E3. *What is the most important time of the day for being able to obtain needles and syringes?*

Record only one option.

E6. *What do you think is the main problem with needle exchanges?*

Read or show options to subject. Record only one option.

E7. *Where would you most like to see needle and syringe exchanges programmes based?*

Read or show options to subject. Record only one option.

SECTION F: KNOWLEDGE AND ATTITUDES

Section F examines the subject's knowledge of HIV, and their attitudes regarding the virus.

F1. I am going to read a few statements about AIDS.....

Read each statement separately, and get the subject to answer Yes, No, or Don't know. If the subject is unsure, record doesn't know rather than press them for an answer.

F2. About how many injecting drug users in (city) would you say are infected with the AIDS virus?

Read out options, and record only one response. If they say that they don't know, get them to make an estimate.

F3. What does it mean if you show up positive on an AIDS test?

Read out options, and record only one response.

F4. What do you think your chance is of catching the AIDS virus?

Read out options, and record only one response. If they say that they don't know, get them to make an estimate.

SECTION G: SOCIAL SUPPORT

This section examines the social setting in which the subject lives.

G1. How many different places have you lived in over the last six months?

Include gaol, refuges etc. as places of residence. Note that this question refers to the last *six months*.

G3. About how many close friends would you estimate that you have?

Close friends may be defined as people that the person feels that they can rely on. If the subject has a sexual partner, make sure they are included in the estimate.

G4. When you are having problems, are you satisfied with the support you get from your friends?

Anything which causes the subject distress can be viewed as a problem e.g. financial, emotional, etc. If the person is insistent that they do not ask their friends for help, circle N/A.

G6. *How much of the last six months have you been living with anyone who injects drugs?*

Anyone who has injected in the six months prior to the interview should be considered, for the purposes of the ANAIDUS-Q, a drug user. Include both sexual partners and housemates.

G7. *How many of the people you hang around with now inject drugs?*

This question refers to acquaintances as well as close friends. If the subject has a sexual partner who is a current user, make sure they are included in the estimate. As in the previous question, anyone who has injected in the six months prior to the interview should be considered a drug user.

SECTION H: SOURCES OF INCOME

These questions are included in order to get a picture of the way in which the subject paid for their drugs in the week preceding the interview. It may be necessary here to again assure the subject again on the confidentiality of their answers.

H1. *How much did you spend on drugs last week?*

Get the subject to make an estimate (in whole dollars). Note that this section is specifically looking at the week (7 days) preceding the interview.

H2. *During the last week, about how much did you get from....*

Read each option out, and record the amount reported for it (in whole dollars).

SECTION I: ACCESS OF SERVICES

This section briefly examines what services the subject has used in the month preceding interview.

I1. *In the last month, have you been to any of the following...*

Read out each option, and record Y/N for each one.

I2. *Why did you go to these services?*

Get a brief reason for visiting each of the services that they reported using.

SECTION J: GENERAL HEALTH QUESTIONNAIRE

The aim of this scale is to provide a global measure of current psychological adjustment (Goldberg & Hillier, 1979; Goldberg & Williams, 1988). It has been our experience that IDU have no problems in completing this section themselves, as long as the interviewer is there to answer any questions the subject has. The general introduction explaining the questionnaire is included immediately preceding the GHQ, and should be read out to, or by, the subject. Make sure the subject only circles one option for each question.

Scoring the GHQ

For each response given in the two right hand columns to any question, score 1 in the corresponding coding box. Total scores may thus range from 0-28, with higher scores indicating a higher degree of psychopathology. Alternatively, each item can be scored on a 0-1-2-3 scale, again with higher scores indicating higher degrees of psychopathology. Scores in this system range from 0-84.

SECTION K: HIV TESTING

This is a brief section looking at the subject's history of HIV testing.

K1. How many AIDS tests have you had?

If the subject is unsure, get them to make an estimate.

K3. If yes, when did you first receive this result?

Record the number of months since the result.

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**CARG MULTI CENTRE STUDY
AIDS AND INTRAVENOUS DRUG USE QUESTIONNAIRE**

Study Number |_|_|_|_|_|

Centre Number |_|

Date |_|_|_|_|_|_|

Interviewer _____

SECTION A: DEMOGRAPHICS

A1. Sex:

Male 1

Female 2

Transsexual 3

A2. Date of Birth:

A3. Current residential postcode:

A4. Are you currently:

Single 1

Married or living with a sexual partner . 2

A5. How many years of school did you complete?

years

A6. Have you done any courses after school?

No 1

Yes, trade/technical .. 2

Yes, university/college 3

Yes, some tertiary ... 4

A7. How are you employed at the moment?

Not employed 1

Full time 2

Part time 3

Casual 4

Student 5

Home duties 6

Other 7

Specify "Other" _____

A8. What is your usual job? _____

A9. If you are not employed, what benefit or pension are you on?

- Unemployment benefits 1
- Sickness benefits ... 2
- Pension 3
- None 4
- Employed 5
- Other 6

Specify "Other" _____

A10. How long have you been receiving a benefit or a pension? months

A11. What country were you born in?

- Australia 1
- USA/Canada/UK/NZ . 2
- Europe 3
- Asia 4
- Africa 5
- South America 6
- Middle East 7
- South Pacific 8

A12. What language was the main one spoken at the home you grew up in?

- English 1
- Italian 2
- Greek 3
- Spanish 4
- Vietnamese 5
- Other 6

Specify "Other" _____

A13. How many children do you have?

A14. How many of your children are financially dependent on you?

A15. Are you currently in treatment for drug related problems?

- Yes 1
- No 2

A16. What is the main treatment that you are currently in?

- Methadone maintenance 1
- Methadone withdrawal 2
- Detoxification 3
- Therapeutic community 4
- Counselling 5
- Narcotics Anonymous 6
- Other 7
- Not in treatment 8

Specify other _____

A17. How many times have you been in treatment in the past? | |

A18. Have you ever been in prison?

- Yes 1
- No 2

A19. How long is it since you were last released from prison?

- Never in prison 1
- 1 month 2
- 2-6 months 3
- 7-12 months 4
- 1-2 yrs 5
- 3-5 yrs 6
- >5 yrs 7

SECTION B: DRUG USE BEHAVIOUR

In this next set of questions I would like to ask you about your drug use.

B1. How old were you when you first injected drugs? years | |

B2. How old were you when you first regularly injected drugs? years | |

Drug Use in Last Month

For all categories, if the subject reports that their last use of the drug was more than a month ago, score zero for questions in that category and go on to the next category. Do not include use on the day of interview.

HEROIN

Now I'm going to ask you some questions about heroin. (smack, hammer, horse, scag).

B3. On what day did you last use heroin? | |

B4. How many hits/smokes/snorts did you have on that day? | |

B5. How did you use the heroin the last time you took it on that day?

Injected 1

Smoked 2

Snorted 3

Swallowed 4

|

B6. On which day before that did you use heroin? | |

B7. And how many hits/smokes did you have on that day? | |

B8. And when was the day before that? | |

OTHER OPIATES

These questions are about your use of opiates other than heroin (e.g. street methadone, done, morphine, pethidine, codeine. NB Include prescription opiates, except legally obtained methadone).

B9. On what day did you last use opiates other than heroin? (do not include legally obtained methadone) | |

B10. How many pills, doses etc. did you have on that day? | |

B11. How did you use the other opiate the last time you took it on that day?

Injected 1

Smoked 2

Snorted 3

Swallowed 4

|

B12. On which day before that did you use opiates other than heroin? | |

B13. And how many pills, doses etc. did you have on that day? | |

B14. And when was the day before that? | |

ALCOHOL

These questions are about your use of alcohol.

B15. On what day did you last drink alcohol? | |

B16. How much alcohol did you drink on that day?

	Wine	Spirits	Beer	Fortified Wine
	Wine Gl.	Nips (30ml)	Middies (285ml)	Port Gl.
	Bottles (750ml)	Doubles	Schooners (425ml)	Bottles
	Flagons	Bottles (750ml)	Cans/ Stubbies (375ml)	Flagons
	Casks (__ lit.)			
NO. STAND. DRINKS				

TOTAL STANDARD DRINKS

B17. On which day before that did you drink alcohol?

B18. And how much did you drink on that day?

	Wine	Spirits	Beer	Fortified Wine
	Wine Gl.	Nips (30ml)	Middies (285ml)	Port Gl.
	Bottles (750ml)	Doubles	Schooners (425ml)	Bottles
	Flagons	Bottles (750ml)	Cans/ Stubbies (375ml)	Flagons
	Casks (__ lit.)			
NO. STAND. DRINKS				

TOTAL STANDARD DRINKS

CANNABIS

These questions are about your use of marijuana (dope, grass, hash, pot).

B19. On what day did you last use marijuana ?

B20. How many joints, cones, etc. did you have on that day?

B21. On which day before that did you use marijuana?

B22. And how many joints, cones, etc. did you have on that day? | | |

B23. And when was the day before that? | | |

AMPHETAMINES

These questions are about your use of amphetamines (speed).

B24. On what day did you last use amphetamines? | | |

B25. How many tablets, snorts, hits etc. did you have on that day? | | |

B26. How did you use the amphetamines the last time you took them on that day?

- Injected 1
- Smoked 2 | |
- Snorted 3
- Swallowed 4

B27. On which day before that did you use amphetamines? | | |

B28. And how many tablets, snorts, hits etc. did you have on that day? | | |

B29. And when was the day before that? | | |

COCAINE

These questions are about your use of cocaine (coke, snow, crack).

B30. On what day did you last use cocaine? | | |

B31. How many snorts, hits, smokes etc. did you have on that day? | | |

B32. How did you use the cocaine the last time you took it on that day?

- Injected 1
- Smoked 2
- Snorted 3 | |
- Swallowed 4

B33. On which day before that did you use cocaine? | | |

B34. And how many snorts, hits, smokes etc. did you have on that day? | | |

B35. And when was the day before that? | | |

TRANQUILLIZERS

These questions are about your use of tranquillizers (e.g. Serapax, Rohypnol, Mogadon, Valium, Normison).

B36. On what day did you last use tranquillizers? | |

B37. How many pills did you have on that day? | |

B38. How did you use the tranquillizers the last time you took them on that day?

Injected 1

Swallowed 2

| |

B39. On which day before that did you use tranquillizers? | |

B40. And how many pills did you have on that day? | |

B41. And when was the day before that? | |

BARBITURATES

These questions are about your use of barbiturates (e.g. Nembutol, Seconal).

B42. On what day did you last use barbiturates? | |

B43. How many pills did you have on that day? | |

B44. How did you use the barbiturates the last time you took them on that day? | |

Injected : 1

Swallowed 2

B45. On which day before that did you use barbiturates? | |

B46. And how many pills did you have on that day? | |

B47. And when was the day before that? | |

HALLUCINOGENS

These questions are about your use of hallucinogens (e.g. LSD/acid, Ecstasy, magic mushrooms).

B48. On what day did you last use hallucinogens? | |

B49. How many tabs, pills, etc. did you have on that day? | |

B50. How did you use the hallucinogens the last time you took them on that day?

Injected 1

Swallowed 2

B51. On which day before that did you use hallucinogens?

B52. And how many tabs, pills, etc. did you have on that day?

B53. And when was the day before that?

INHALANTS

These questions are about your use of inhalants (e.g. amyl nitrite: rush, glue, laughing gas, aerosols, petrol).

B55. How often did you use inhalants in the last month?

Didn't use 1

Less than once a weekly 2

More than once a week 3

(but less than once a day)

Daily 4

TOBACCO

Finally, these questions are about your use of cigarettes.

B56. On what day did you last use tobacco?

B57. How many cigarettes did you have on that day?

B58. On which day before that did you use tobacco?

B59. And how many cigarettes did you have on that day?

B60. And when was the day before that?

OTHER

B61. Are there any drugs that you have taken in the last month which are not covered in this questionnaire? (*list*)

SECTION C: INJECTING BEHAVIOUR

Last Use Episode

The next few questions are about the last time that you hit up. (If subject hasn't injected in the last month, score 0 for C1-18, and go to Section D).

C1. When was the last time that you had a shot?

C2. What did you hit up the last time you had a shot?

- Heroin 1
- Other opiates 2
- Benzodiazepines 3
- Barbiturates 4
- Amphetamines 5
- Cocaine 6
- Speedball 7
- Other 8

Specify other _____

C3. Before using the needle how did you clean it? (if used new needle, code 9)

- Cold water 1
- Hot water 2
- Boiling 3
- Alcohol (beer, spirits, metho, etc) 4
- Alcohol (pure) 5
- Bleach 6
- Disinfectant 7
- Didn't clean 8
- Used new fit 9

C4. How many other people were hitting up with you the last time that you hit up? ...

C5. How many people had used the needle before you hit up? (If DK, code 99)

C6. Who used the needle immediately before you did?

- Close friend 1
- Regular sexual partner 2
- Casual sexual partner 3
- Acquaintance 4
- No-one 5
- Other 6

Specify other _____

C7. Who used the needle immediately after you did?

- Close friend 1
- Regular sexual partner 2
- Casual sexual partner 3
- Acquaintance 4
- No-one 5
- Other 6

Specify other _____

C8. How did they clean the needle? (if needle wasn't passed on code 9)

- Cold water 1
- Hot water 2
- Boiling 3
- Alcohol (beer, spirits, metho, etc) 4
- Alcohol (pure) 5
- Bleach 6
- Disinfectant 7
- Didn't clean 8
- Didn't lend needle ... 9
- Don't know 10

C9. What drug(s) were you already on before shooting up the last time? (limit to three).

- Heroin 1
- Other opiates 2
- Alcohol 3
- Cannabis 4
- Benzodiazepines 5
- Barbiturates 6
- Amphetamines 7
- Cocaine 8
- Hallucinogens 9
- Inhalants 10
- Other 11
- Nothing 12

Specify other _____

C10. Where were you when you last hit up?

- Own place 1
- Dealer's place 2
- Friend's place 3
- Public toilet 4
- Street/park,etc 5
- Car 6
- Pub 7
- Other 8

Specify other _____

C11. Had you planned to hit up when you last did?

- Yes 1
- No 2

Use in Last month

These questions are about your injecting in the last month.

C12. How many times have you hit up (i.e. injected any drugs) in the last month?

- Once a week or less 1
- More than once a week
(but less than once a day) 2
- Once a day 3
- 2-3 times a day 4
- More than 3 times a day 5

C13. How many times in the last month have you used a needle after someone else had already used it? (*include sexual partner*)

- No times 0
- One time 1
- Two times 2
- 3-5 times 3
- 6-10 times 4
- More than 10 times . . . 5

C14. How many different people have used a needle before you in the last month?

- None 0
- One person 1
- Two people 2
- 3-5 people 3
- 6-10 people 4
- More than 10 people . . 5

C15. How many times in the last month has someone used a needle after you have used it? (include sexual partner)

- No times 0
- One time 1
- Two times 2
- 3-5 times 3
- 6-10 times 4
- More than 10 times .. 5

C16. How often, in the last month, have you cleaned needles before re-using them?

- Doesn't re-use 0
- Everytime 1
- Often 2
- Sometimes 3
- Rarely. 4
- Never 5

C17. Before using needles again, how often in the last month did you use bleach to clean them?

- Doesn't re-use 0
- Everytime 1
- Often 2
- Sometimes 3
- Rarely. 4
- Never 5

C18. Have you accepted a used needles and syringe in the last month from anyone that you knew time had a positive AIDS test result?

- Yes 1
- No 2

C19. In the last month, how often did you shoot up alone?

- All of the time 1
- Most of the time 2
- About half of the time 3
- Some of the time 4
- None of the time 5

C20. In the last month, how often were you stoned or drunk when you were about to shoot up?

All of the time 1

Most of the time 2

About half of the time 3

Some of the time 4

None of the time 5

SECTION D: SEXUAL BEHAVIOUR

Last Sex Episode

These next few questions are about the last time that you had sex with another person (within the last month). If no sex in the last month score 0 for D1-12 and go to D13.

D1. Which sex was your partner?

Male 1

Female 2

Transsexual 3

D2. Which of the following best describes your partner that time?

Regular partner 1

Casual partner 2

Client 3

D3. Was your partner that time an injecting drug user?

Yes 1

No 2

D4. Did you use a condom?

Yes 1

No 2

No penetrative sex ... 3

D5. What drug(s) were you on before having sex the last time? (limit to three).

- Heroin 1
- Other opiates 2
- Alcohol 3
- Cannabis 4
- Benzodiazepines 5
- Barbiturates 6
- Amphetamines 7
- Cocaine 8
- Hallucinogens 9
- Inhalants 10
- Other 11
- Nothing 12

Specify other _____

D6. What did you do when you had sex the last time?

- | | Y | N | |
|--|---|---|--------------------------|
| Vaginal intercourse (without a condom) | 1 | 2 | <input type="checkbox"/> |
| Vaginal intercourse (with a condom) | 1 | 2 | <input type="checkbox"/> |
| Anal sex (without a condom) | 1 | 2 | <input type="checkbox"/> |
| Anal sex (with a condom) | 1 | 2 | <input type="checkbox"/> |
| Oral sex | 1 | 2 | <input type="checkbox"/> |
| Manual stimulation | 1 | 2 | <input type="checkbox"/> |
| Rimming (oral sex to the anus) | 1 | 2 | <input type="checkbox"/> |
| Fisting (hand in anus) | 1 | 2 | <input type="checkbox"/> |

Sexual behaviour in Last Month

D7. How many people, including clients, have you had sex with in the last month?

- One 1
- Two 2
- 3-5 people 3
- 6-10 people 4
- More than ten people 5

D8. How often have you used condoms when having sex with your regular partner(s) in the last month?

- No reg. partner/No penetrative sex 0
- Everytime 1
- Often 2
- Sometimes 3
- Rarely 4
- Never 5

D9. How often did you use condoms when you had sex with casual partners in the last month?

No cas. partner/No penetrative sex	0
Everytime	1
Often	2
Sometimes	3
Rarely	4
Never	5

D10. How often have you used condoms when you have been paid for sex in the last month?

No paid sex/No penetrative sex	0
Everytime	1
Often	2
Sometimes	3
Rarely	4
Never	5

D11. How many times did you have anal sex in the last month?

No times	0
One time	1
Two times	2
3-5 times	3
6-10 times	4
More than 10 times	5

D12. Have you been paid for sex (with money, drugs, food, a place to sleep etc.) in the last month?

Yes	1
No	2

General Questions

D13. Who have you had sex with in the last month?

	Y	N
Women	1	2
Men	1	2
Transsexuals	1	2

D14. How would you describe yourself now?

Straight	1.
Gay/Lesbian	2
Bisexual	3
Asexual	4

D15. How long have you been in a monogamous relationship?

- | | | |
|--------------------------------|---|--------------------------|
| Not in relationship | 1 | |
| Not in monogamous relationship | 2 | |
| Less than 6 months | 3 | <input type="checkbox"/> |
| 6 months - 12 months | 4 | |
| More than 12 months | 5 | |

D16. Does (do) your regular partner(s) also inject drugs?

- | | | |
|-----------------------|---|--------------------------|
| Yes | 1 | |
| No | 2 | <input type="checkbox"/> |
| Ex-user | 3 | |
| No regular partner(s) | 4 | |

D17. Which of the following diseases have you had in the last 24 months, which have been *diagnosed and/or treated by a doctor*?

- | | Y | N | |
|-----------------------------------|---|---|--------------------------|
| Syphilis | 1 | 2 | <input type="checkbox"/> |
| Gonorrhoea | 1 | 2 | <input type="checkbox"/> |
| Anal/Genital Warts | 1 | 2 | <input type="checkbox"/> |
| Genital Herpes | 1 | 2 | <input type="checkbox"/> |
| Non Specific Urethritis (NSU) | 1 | 2 | <input type="checkbox"/> |
| Hepatitis A | 1 | 2 | <input type="checkbox"/> |
| Hepatitis B | 1 | 2 | <input type="checkbox"/> |
| Hepatitis C | 1 | 2 | <input type="checkbox"/> |
| Pelvic Inflammatory disease (PID) | 1 | 2 | <input type="checkbox"/> |
| Chlamydia | 1 | 2 | <input type="checkbox"/> |

D18. Have you had sex with anyone in the last month that you knew at the time had tested positive for the AIDS virus?

- | | | |
|-----|---|--------------------------|
| Yes | 1 | |
| No | 2 | <input type="checkbox"/> |

D19. What did you do when you last had sex (in the last month) with someone that you knew at the time had tested positive for the AIDS virus?

	Y	N	
No sex with antibody person	1	2	<input type="checkbox"/>
Vaginal intercourse (without a condom)	1	2	<input type="checkbox"/>
Vaginal intercourse (with a condom)	1	2	<input type="checkbox"/>
Anal sex (without a condom)	1	2	<input type="checkbox"/>
Anal sex (with a condom)	1	2	<input type="checkbox"/>
Oral sex	1	2	<input type="checkbox"/>
Manual stimulation	1	2	<input type="checkbox"/>
Rimming (oral sex to the anus)	1	2	<input type="checkbox"/>
Fisting (hand in anus)	1	2	<input type="checkbox"/>

SECTION E: AIDS PREVENTION

If subject has not injected in the last month score 0 for E1-E7 and go to Section F.

E1. Have you used a needle and syringe from an exchange programme in the last month?

Yes	1	
No	2	<input type="checkbox"/>

E2. Where did you mainly get your new needles and syringes in the last month?

Regular pharmacists	1	
After hours pharmacists	2	
Needle exchanges	3	
Doctors	4	
Hospitals	5	<input type="checkbox"/>
Dealers	6	
Friends	7	
Other	8	

Specify other _____

E3. What is the most important time of the day for being able to obtain needles and syringes?

Midnight - 3am	1	
3am- 6am	2	
6am. - 9am	3	
9am. - 12 noon	4	
12 noon - 3pm	5	<input type="checkbox"/>
3pm. - 6pm	6	
6pm. - 9pm	7	
9pm. - midnight	8	

E4. If needles and syringes were available from vending machines, would you get needles and syringes from them?

- | | | |
|-----|---|--------------------------|
| Yes | 1 | |
| No | 2 | <input type="checkbox"/> |

E5. Where did you usually dispose of your needles and syringes in the last month?

- | | | |
|----------------------|---|--------------------------|
| Rubbish bins | 1 | |
| Needle disposal bins | 2 | |
| Return to N/E | 3 | |
| Gave them away | 4 | <input type="checkbox"/> |
| Sharpe box | 5 | |
| Threw away | 6 | |

E6. What do you think is the main problem with needle exchanges?

- | | | |
|--|---|--------------------------|
| No problems | 1 | |
| Easy for people to see that you are a user | 2 | |
| Easy for police to see that you are a user | 3 | |
| Not conveniently located | 4 | |
| Not open when you need them | 5 | <input type="checkbox"/> |
| Staff attitudes | 6 | |
| Don't like the N&S available at exchanges | 7 | |
| Police hassles returning equipment | 8 | |
| Other | 9 | |

Specify other _____

E7. Where would you most like to see needle and syringe exchange programmes based?

- | | | |
|--|---|--------------------------|
| Community Health Centres | 1 | |
| Shop Fronts | 2 | |
| Regular pharmacists | 3 | |
| After hours pharmacy | 4 | |
| Drug Treatment Services | 5 | <input type="checkbox"/> |
| Outreach services (Bus/"street workers") | 6 | |
| Hospitals (Casualty Departments) | 7 | |
| STD Clinics | 8 | |
| Other | 9 | |

Specify other _____

SECTION F: KNOWLEDGE AND ATTITUDES

F1. I am going to read a few statements about AIDS. Please say whether you agree or disagree with each one, or if you don't know.

	Agree	Dis	DK	
Sharing needles can spread AIDS	1	2	3	<input type="checkbox"/>
Mosquitoes can spread AIDS	1	2	3	<input type="checkbox"/>
Having sex without condoms can spread AIDS	1	2	3	<input type="checkbox"/>
Cleaning needles with bleach can kill the AIDS virus	1	2	3	<input type="checkbox"/>
You can tell by looking at someone that they have AIDS	1	2	3	<input type="checkbox"/>

F2. About how many injecting drug users in *(city)* would you say are infected with the AIDS virus?

None	1			
Less than a quarter	2			
Quarter to a half	3			
Half to three quarters	4			<input type="checkbox"/>
More than three quarters	5			
All	6			

F3. What does it mean if you show up positive on an AIDS test?

You have HIV	1			
You do not have HIV	2			
You have AIDS	3			
You have been exposed to HIV but may not have it	4			<input type="checkbox"/>
Don't know	5			
Other	6			

Specify other _____

F4. What do you think your chance is of catching the AIDS virus? *(read alternatives)*.

No chance	1			
One in a million	2			
One in a hundred thousand	3			
One in ten thousand	4			
One in a thousand	5			<input type="checkbox"/>
One in a hundred	6			
One in ten	7			
Fifty/fifty	8			
Antibody positive	9			

F5. If you are infected with the AIDS virus, do you think that getting medical treatment as early as possible is important?

Yes 1
No 2

F6. How many injecting drug users do you know who have tested positive on an AIDS test?

F7. How many injecting drug users do you know who have died from AIDS?

SECTION G: SOCIAL SUPPORT

G1. How many different places have you lived in over the last six months?

G2. What sort of place are you living in now?

Housing commission 1
Squat 2
Rented 3
Boarding house 4
Hostel 5
Own house 6
Family house 7
Street 8
Hotel 9
Half-way house 10

G3. About how many close friends would you estimate that you have? (*Have subject write down friends' initials*).

G4. When you are having problems, are you satisfied with the support you get from your friends?

- Very satisfied 1
- Satisfied 2
- Reasonably OK 3
- Not satisfied 4
- Very unsatisfied 5
- N/A 6

G5. How many of your close friends have you known for more than six months?

G6. How much of the last six months have you been living with anyone who injects drugs?

- All of the time 1
- Most of the time 2
- Half of the time 3
- Some of the time 4
- None of the time 5

G7. How many of the people you hang around with now inject drugs?

- None 1
- Less than half 2
- About a half 3
- More than half 4
- All of them 5

SECTION H: SOURCES OF INCOME

H1. How much did you spend on drugs last week? \$

H2. During the last week, about how much did you get from:

- Job \$
- Social security \$
- Sale/trade of stolen property/fraud/robbery/forgery \$
- Sale of drugs \$
- Prostitution \$
- Family/friends \$
- Other \$

SECTION I: ACCESS OF SERVICES

11. In the last month, have you been to any of the following:

	Y	N	
A doctor	1	2	<input type="checkbox"/>
A counsellor	1	2	<input type="checkbox"/>
A psychiatrist	1	2	<input type="checkbox"/>
A social worker	1	2	<input type="checkbox"/>
A hospital casualty/emergency	1	2	<input type="checkbox"/>
A welfare agency for food	1	2	<input type="checkbox"/>
A welfare agency for housing assistance	1	2	<input type="checkbox"/>

12. Why did you go to these services?

SECTION J: GENERAL HEALTH QUESTIONNAIRE

I should like to know if you have had any medical complaints, and how your health has been in general over the past few weeks. Please answer ALL the questions on the following pages simply by circling the answer that you think most nearly applies to you. Remember that we want to know about present and recent complaints, not those that you had in the past.

HAVE YOU RECENTLY:

1. Been feeling well and in good health?	Better than usual	Same as usual	Worse than usual	Much worse than usual	<input type="checkbox"/>
2. Been feeling in need of a pick me up?	Not at all	No more than usual	Rather more than usual	Much more than usual	<input type="checkbox"/>
3. Been feeling run down and out of sorts?	Not at all	No more than usual	Rather more than usual	Much more than usual	<input type="checkbox"/>
4. Felt that you are ill?	Not at all	No more than usual	Rather more than usual	Much more than usual	<input type="checkbox"/>
5. Been getting any pains in your head?	Not at all	No more than usual	Rather more than usual	Much more than usual	<input type="checkbox"/>
6. Been getting a feeling of tightness or pressure in your head?	Not at all	No more than usual	Rather more than usual	Much more than usual	<input type="checkbox"/>

7. Been having hot or cold spells?	Not at all	No more than usual	Rather more than usual	Much more than usual	<input type="checkbox"/>
8. Lost much sleep over worry?	Not at all	No more than usual	Rather more than usual	Much more than usual	<input type="checkbox"/>
9. Had difficulty in staying asleep once you are off?	Not at all	No more than usual	Rather more than usual	Much more than usual	<input type="checkbox"/>
10. Felt constantly under strain?	Not at all	No more than usual	Rather more than usual	Much more than usual	<input type="checkbox"/>
11. Been getting edgy and bad tempered?	Not at all	No more than usual	Rather more than usual	Much more than usual	<input type="checkbox"/>
12. Been getting scared or panicky for no good reason?	Not at all	No more than usual	Rather more than usual	Much more than usual	<input type="checkbox"/>
13. Found everything getting on top of you?	Not at all	No more than usual	Rather more than usual	Much more than usual	<input type="checkbox"/>
14. Been feeling nervous and strung up all the time?	Not at all	No more than usual	Rather more than usual	Much more than usual	<input type="checkbox"/>
15. Been managing to keep busy and occupied?	More so than usual	Same as usual	Rather less than usual	Much less than usual	<input type="checkbox"/>
16. Been taking longer over the things you do?	Quicker than usual	Same as usual	Longer than usual	Much longer than usual	<input type="checkbox"/>
17. Felt on the whole you were doing things well?	Better than usual	About the same	Less well than usual	Much less well	<input type="checkbox"/>
18. Been satisfied with the way you've carried out your task?	More satisfied	About the same	Less than usual	Much less satisfied	<input type="checkbox"/>
19. Felt that you are playing a useful part in things?	More so than usual	Same as usual	Less useful than usual	Much less useful	<input type="checkbox"/>

20. Felt capable of making decisions about things?	More so than usual	Same as usual	Less so than usual	Much less capable	<input type="checkbox"/>
21. Been able to enjoy your normal day to day activities?	More so than usual	Same as usual	Less so than usual	Much less than usual	<input type="checkbox"/>
22. Been thinking of yourself as a worthless person?	Not at all	No more than usual	Rather more than usual	Much more than usual	<input type="checkbox"/>
23. Felt that life is entirely hopeless?	Not at all	No more than usual	Rather more than usual	Much more than usual	<input type="checkbox"/>
24. Felt that life is not worth living?	Not at all	No more than usual	Rather more than usual	Much more than usual	<input type="checkbox"/>
25. Thought of the possibility that you might do away with yourself?	Definitely not	I don't think so	Has crossed my mind	Definitely have	<input type="checkbox"/>
26. Found at times that you couldn't do anything because your nerves were so bad?	Not at all	No more than usual	Rather more than usual	Much more than usual	<input type="checkbox"/>
27. Found yourself wishing you were dead and away from it all?	Not at all	No more than usual	Rather more than usual	Much more than usual	<input type="checkbox"/>
28. Found that the idea of taking your own life has kept coming into your mind?	Definitely not	I don't think so	Has crossed my mind	Definitely	<input type="checkbox"/>

SECTION K: HIV TESTING

K1. How many AIDS tests have you had?

K2. Have you ever received a positive AIDS test result?

- Yes 1
- No 2
- Non-Response 3

K3. If yes, when did you first receive this result? Months ago

APPENDIX 1:
AUSTRALIAN NATIONAL AIDS &
INJECTING DRUG USERS STUDY QUESTIONNAIRE

(ANAIDUS-Q)