

The Difference is Research



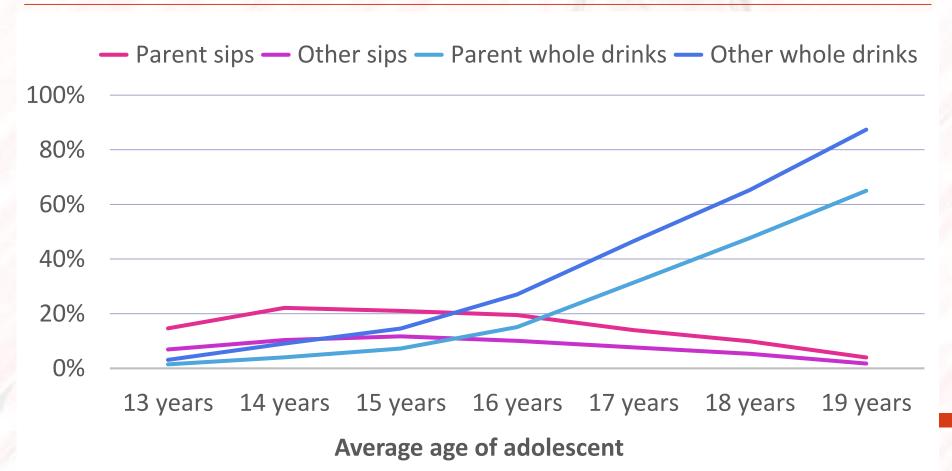


## Parental supply of sips of alcohol: Is it protective?

Medicine

National Drug and Alcohol Research Centre

## Supply of sips and whole drinks of alcohol



## Binge drinking and alcohol-related harms after parent supply of sips



## Parents supplying sips of alcohol is <u>not</u> protective

- When adolescents get sips of alcohol from parents, their risk of binge drinking and alcohol-related harms in the following year goes up
- Getting whole drinks of alcohol from parents or other sources increased the risk much more than sips.
- However, parental supply of sips did not reduce the risks!

