Frequency of injecting among people who inject drugs: a systematic review and meta-analysis Samantha Colledge

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• ~15 million PWID



The Difference is Researce

- ~15 million PWID
- Frequency?



The Difference is Researc

- ~15 million PWID
- Frequency?
- NSP coverage



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- Harms
 - Overdose
 - Injection site infection
 - Injecting risk behaviour



- ~15 million PWID
- Frequency?
- NSP coverage
- Harms
 - Overdose
 - Injection site infection
 - Injecting risk behaviour
- Variation
 - Drug type
 - Treatment availability/engagement



Aims

Estimate





The Difference is Researc

• Estimate

- Associations:
 - Socio-demographic sample characteristics →
 Daily+ injecting
 - Daily+ injecting \rightarrow Harms



• Estimate

- Associations:
 - Socio-demographic sample characteristics →
 Daily+ injecting
 - Daily+ injecting \rightarrow Harms
- Compare:
 - NSP coverage



Methods

- Screening
 - 2008-2018
 - 60,000+ articles



Methods

- Screening
 - 2008-2018
 - 60,000+ articles
- Measures
 - Daily+ vs. < Daily



Methods

- Screening
 - 2008-2018
 - 60,000+ articles
- Measures
 - Daily+ vs. < Daily
- Analysis
 - STATA





• Daily or more vs. less than daily



he Difference is Researc



• Daily or more vs. less than daily

• 74/179 countries with data



• Daily or more vs. less than daily

- 74/179 countries with data
- 68.1% or 10.5 million people





~ 68%

Percentage injecting daily or more frequently ≥40.0% - <45.0% ≥45.0% - <50.0% ≥50.0% - <55.0% ≥55.0% - <75.0% ≥75.0% - <95.0% ≥95.0% No data

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Results

<u>Lower daily injecting:</u> Recent studies Longer duration of injecting



Results

<u>Lower daily injecting:</u> Recent studies Longer duration of injecting <u>Higher daily injecting:</u> Higher HIV Higher hepatitis C Higher injecting risk Higher overdose





Implications

Insufficient data



The Difference is Researc

Implications

Insufficient data

Evidence to support daily+ injecting > harmful outcomes



Implications

Insufficient data

Evidence to support daily+ injecting > harmful outcomes

Insufficient NSP coverage

- Estimate 33 needles per PWID per year
- Target 300 needles per PWID per year



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The Difference is Research