

MENTAL HEALTH AND SUBSTANCE USE WEBINAR SERIES

Learn about the latest research into mental health and substance use disorders and discover the range of resources that are available to support the prevention and treatment of co-occurring disorders.

Presented by the Centre of Research Excellence in Mental Health and Substance Use, these webinars are for clinicians, allied health professionals, teachers, consumers, carers, and anyone with an interest in issues related to mental health and substance use.



UPCOMING WEBINARS

Drug and alcohol use among young people. What can parents and schools do to prevent the harms?

Every year, one in four Australian teenagers puts themselves at risk of harm through drug and alcohol use. Research at CREMS shows that these harms can be reduced by school-based prevention programs.

This webinar presents the latest research findings on drug and alcohol use among Australian teenagers. It will review research evidence showing which strategies effectively prevent harm from drug and alcohol use. Attendees will be provided with access to practical tools and resources that are proven to reduce harm. This webinar would suit teachers, parents, principals, counsellors and other professionals working with young people.

KEY LEARNING OUTCOMES

- Improved understanding of the patterns of drug and alcohol use among Australian young people
- Knowledge about strategies that are effective in preventing drug and alcohol harms
- Access to free resources, factsheets, and curriculum based programs proven to reduce alcohol/drug-related harms



DR NICOLA NEWTON is the director of the prevention stream of research at CREMS. Her main focus is on developing internet-based preventive interventions and improving the sustainability and translation of programs into schools.



DR LEXINE STAPINSKI manages a collaborative project with the Department of Health to develop and disseminate illicit drug resources for Australian teachers, parents and students. Lexine is also a registered clinical psychologist.

2PM AEST, TUESDAY 19TH MAY, 2015
REGISTER AT: comorbidity.edu.au/training/webinars



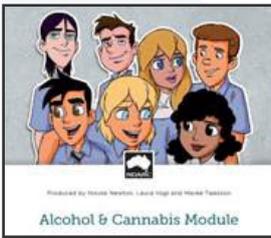
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UPCOMING WEBINARS



MAY 19, 2015: 2PM AEST

Drug and alcohol use among young people. What can parents and schools do to prevent the harms?

DR NICOLA NEWTON AND DR LEXINE STAPINSKI



JULY, 2015

Co-occurring mental health and substance use disorders: how do they affect young people?

DR CATH CHAPMAN



SEPTEMBER, 2015

Early intervention for depression and problematic alcohol use in young people

MR MARK DEADY



NOVEMBER, 2015

Locating free resources to support evidence-based practice

DR ERICA CROME

TO REGISTER FOR AN UPCOMING WEBINAR VISIT:
comorbidity.edu.au/training/webinars

